



Introduction to the Adult Renal Transplant Clinic

Transplant Manitoba - Gift of Life's team of doctors, nurses and professional staff is dedicated to providing care to patients pre- and post-transplant in Manitoba.

Adult Transplant Clinic

Phone: 204-787-3138

SR3

Health Sciences Centre

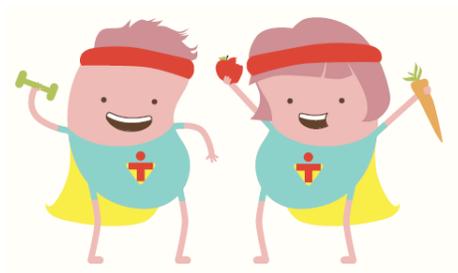
820 Sherbrook Street

Winnipeg, MB R3A 1R9

Welcome

For those transitioning to the adult clinic, this will be a new experience for you and your family. The Adult Renal Transplant Clinic team is here to assist you in maximizing your health and independence as you age out of the pediatric program.

The Children's Renal Transplant Program will share information with the Adult Transplant program to start the transition process. An appointment with a transplant physician will be booked. Once the initial assessment has been completed, you will still be seen by the Pediatric Transplant Clinic. The teams will work together with you and your support person(s) to ensure the transition is made to the new program.



Clinic appointment:

- Bring your Manitoba Health Card with you to every clinic visit along with your medications.
- You will be seen by the Transplant clinic nurse and nephrologist.
- Ensure your contact information with the clerk and book your next appointment.
- You will continue to be followed by pediatrics until you have had your first Adult Post Transplant clinic appointment.

The Adult Renal Transplant Health Care Team

Clerks 204-787-3138

Clerks check you in for your appointment and answer phone calls to the clinic. Bring your Manitoba Health card at each visit and update your contact information. If you need to reschedule an appointment, please call.

Nurses 204-787-3138

You will be seen by the nurse during your clinic visit. If you have health concerns, talk with them. You will be contacted if there are any medication changes or follow up changes after the clinic.

Transplant Nephrologists 204-787-3138

Transplant Nephrologists follow a rotating schedule, so you may not always see the same Nephrologist at each visit. If there are concerns about your visit or your bloodwork results, the nurse or other team members will speak with the clinic nephrologist.

Dietitian 204-787-3052

To schedule an appointment with the dietitian, call them directly or contact the clinic clerks. They will arrange a visit along with your clinic appointment. The dietitian can help you make changes to your diet that reflects what your body needs. If the nurses have concerns after a clinic visit, they may request the dietitian meet with you.

Social Worker 204-794-3096

The social worker can be an important part of adjusting to the adult program for you and your family. The social worker is available to meet with you to discuss any emotional, social, or financial concerns you have. To schedule an appointment, please call the social worker directly. This appointment will be arranged along with your regular clinic visit or at a time that suits your schedule.

Pharmacists 204-787-3138

Pharmacists can help you understand your medications and assist with any pharmacy related issues. The pharmacist will see you at the request of the nurse or the nephrologist during a regularly scheduled appointment. If you would like to schedule an appointment with the pharmacist, please call the clinic clerks.

General Healthcare

You are required to have a family doctor.

The team is focused on the care of your kidney and transplant-related health. For all other healthcare issues, you need a family doctor. To find a physician, visit [Family Doctor Finder](#) or call 204-786-7111 (in Winnipeg) or Toll-free at 1-866-690-8260; TTY/TDD call 774-8618 or Manitoba Relay Services toll-free 1-800-855-0511.